

Holy Spirit Primary School



From the Principal

Dear Parents and Carers,

A vital life skill is the ability to speak about emotional issues rather than bottle up feelings or lash out at others.

Children need the space and vocabulary to talk about their feelings. They sometimes need assistance to find the words to describe their feelings. Sometimes it helps to write down or even draw how they are feeling.

Children need to understand that all sorts of feelings are acceptable and can be spoken about but not all behaviours are permissible. It is okay to be angry but it is not ok to hit a sibling or act destructively. They need to learn that their feelings are not the problem but some actions are.

It helps when parents model healthy ways of dealing with feelings and create a safe environment so children are more likely to talk freely and seek help about those feelings that may be troubling them.

(Michael Grose Positive Parenting)

Kind Regards
Anne Hines
Principal

Kindergarten 2017

Our Kindergarten orientation program for **parents** of children starting school next year will be held next **Monday (7th November) at 7pm** in the MPA. Children starting Kindergarten in 2017 and their parents are to attend an orientation program on Wednesday (9th November) from 9:15am. We look forward to welcoming these new students and their families.

Buddy Bench

We have recently purchased a 'buddy bench'. The buddy bench is a seat that children who have no one to play with can sit on until someone comes along to invite them into their game.

Sacramental Program – First Holy Communion

If your child has been baptised and received First Reconciliation and you wish to continue their sacramental journey the Parish is having an information meeting on Monday 6th February, 2017 at 9:30am or Wednesday 8th February at 7:30pm. The meeting will be in Holy Spirit Church, 5 Todd Row, St Clair.

Term 4, Week 4

2 November 2016

Prayer Media Committee

*In this year of
mercy, we pray as
leaders of the
media committee
that we can show
merciful actions
at home, at school
and everywhere
we go.*

*We pray, this
prayer and hope
that we will be
merciful and
show mercy.*

*Through Jesus
Christ our Lord.*

Amen

Gymnastics NSW State Championship

On Sunday 23rd October Elijah competed in the Gymnastics NSW State Championships. He came first overall for MAG Level 1 Snr. Well done Elijah on this wonderful achievement!



Attendance

It is important that children continue to attend school each day to maximise their learning. Cumulative absences can cause gaps in student's learning as well as emotional anxiety.

Assistant Principal

Sometimes helping your child with their Homework activities may be a little daunting if you don't feel comfortable with the particular task. Writing may be one such activity.

You don't have to be an expert to help your child with their writing. It may help to share your own writing experiences, explaining why you are writing and to whom you are writing. This is called the **purpose** and the **audience**. It makes sense when you consider that as adults we nearly always write with an intention and to someone. At school, the teachers model writing that has purpose and an audience. They also focus on the "surface features" of the writing which includes the use of capital letters and other forms of punctuation. These aspects of writing are detailed in the NSW English Curriculum and is available online.

It is important that children understand who they are writing for and why they are writing, as this determines the tone and form that a piece of writing takes. For example, a note from a parent to a child reminding him or her to do a job on arriving home will have quite a different form and tone from a letter to a grandparent inviting her to join a family celebration.

The following points were taken from a NSW Department of Education website and may be useful.

http://www.schools.nsw.edu.au/media/downloads/languagesupport/hyc_rwss/hycww/hww_english.pdf

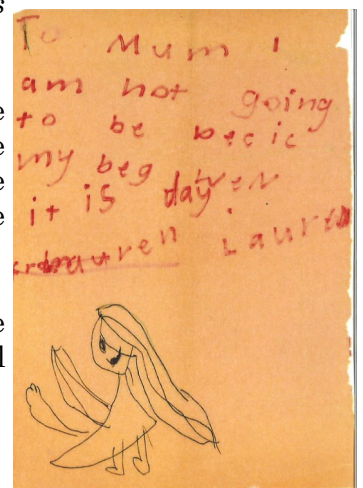
How can I encourage my child to write?

- *Read your child's writing or have him or her read the writing to you, and make positive comments.*
- *Praise your child for having a go at writing words that are new and explain how to spell harder words.*
- *Talk to your child about why an author might create a book, play or film in a particular way. What ideas or opinions are presented? What is the author's purpose?*
- *Read and talk about the writing that your child brings home from school.*
- *Praise your child for using neat and legible handwriting.*
- *In order to develop spelling and vocabulary, play word games such as I Spy, Scrabble, Boggle, Scattergories and crosswords.*

When exercise books come home at the end of the year, spend some time looking at the content and notice the growth your child has made since the beginning of the school year. If you are anything like me there will be some pieces of writing that you won't be able to put into the recycling bin. I have kept so many pieces of my children's writing and cannot throw them away.

Below is some writing that my daughter wrote in Kindy explaining why she should not be sleeping. Definitely **purpose** and **audience**, though I still can't decipher all of it!

Christine Figuero
Assistant Principal



What's Happening at Holy Spirit....

| | |
|----------------------|--|
| Thursday 3 November | Stage 2 Mass 12pm in the Parish |
| Friday 4 November | Parramatta Gymnastics Competition Sydney Aquatic Centre, Rooty Hill School Assembly - Mission Liturgy 2:15pm |
| Monday 7 November | Kindergarten Orientation Evening 7pm |
| Wednesday 9 November | Kindergarten Orientation Morning and Parent Meeting 9:15am |
| Thursday 10 November | Year 3 Buddy Mass 9am |
| Friday 11 November | Augustinian Prayer 3pm |



**PLEASE NOTE: STAFF DEVELOPMENT DAY FRIDAY 18 NOVEMBER
NO CLASSES FOR STUDENTS ON THIS DAY**



*Congratulations to the following students who have received
Principal Awards*

Kinderg: Richa, Ava, Zac, Max, Athyang, Ebonni
Year 1: Sophia, Cailiz, Alexandra, Cansin, Lilliana, Declan
Year 2: Camron, Jorjah, Mason, Chelsy, Rhiann, Enoch
Year 3: Ashton, Daniel, Katherine, Polyxeni, Noah, Lilly
Year 4: Katarina, Emma, Mikayla, Tiana, Lilliana, Cahill
Year 5: Jenna, Grace, Gabriel, Ryan, Jordan,
Year 6: Annika, Aidan, Jessica, Aaron, Taj

Attendance: Chan (Year 6) & Abuk (Year 5)

Administration

Just a reminder to parents to ensure you do not leave valuables in the car while dropping off or picking up your children. Unfortunately in recent weeks we have had some reports of items being stolen from parked cars.

Selection Swimming Carnival

Our School Selection Swimming carnival will be held on Friday 2nd December at Ripples Leisure Centre, St Marys. The purpose of the carnival is to select a team to represent the school at the Zone Carnival to be held in Term 1, 2017.

The carnival is open to all children who are turning 8 years old in 2017. This includes those currently in Year 1, along with all students in Years 2-5.

It must be stressed that students who wish to participate in the carnival **MUST** be able to dive in to the pool and swim 50 metres without struggling. Parents must be able to arrange transport for their child to the pool and to return to school at the completion of the carnival.

We also require several parents to act as officials on the day. If you can assist at the carnival your help will be greatly appreciated.

If your child is interested in competing at the swimming carnival please collect a note from the school office.

Community News





medicare
Child Dental
Benefits Schedule
Bulk Billed Here

FREE KID'S DENTAL CARE

CLAIM BENEFITS UP TO \$1000



Your child may be eligible for Child Dental Benefits Schedule from the Australian Government. We call it Healthy Smiles for Children at School Program. Eligible Children aged between 2-17 years receives up to \$1000 for oral health care over a period of 2 years.

The treatments include:

- Dental Examinations
- X- rays
- Cleaning
- Fluoride treatment
- Fissure sealing
- Fillings

* Conditions Apply: For more information and to find about eligibility criteria please contact mobile clinic at your school

PEOPLES HEALTHCARE SERVICES AUSTRALIA
Mobile Dental & Vision Clinics

Ph. 02 8006 9920 www.peopleshealthcare.com.au

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